



## SAMPLE MENU

	<b>Breakfast time</b>	<b>Lunch time</b>	<b>Afternoon tea</b>
<b>Monday</b>	A selection of cereals  Toast with Butter Water	Mediterranean Vegetable Linguine  Melon with Greek Yogurt  Water	Ham or Cheese and Tomato Sandwiches  Fresh Fruit  Milk
<b>Tuesday</b>	A selection of cereals  Toast with butter Milk or Water	Toad in the Hole with Mashed Potatoes and Gravy  Chocolate Mousse  Water	Pitta Bread filled with Tuna and Cucumber or Cheese  Fresh fruit  Milk
<b>Wednesday</b>	A selection of cereals  Crumpets Milk or Water	Fish Finger Wraps with Homemade Potato Wedges and spaghetti loops  Oatie Biscuits  Water	Baked Beans on Toast  Fresh fruit  Milk
<b>Thursday</b>	A selection of cereals  Potato Cakes Milk or water	Cheese, Broccoli and Leek Pasta Bake  Pineapple and Cream  Water	Cream crackers with cheese or salmon  Fresh fruit  Milk
<b>Friday</b>	A selection of cereals  Toast with Butter Milk or water	Chicken Tikka Masala with Basmati Rice  Bananas and Custard  Water	Savoury Rice with Fresh Vegetable Batons  Fresh fruit  Milk

*All individual Dietary requirements are catered for and alternatives are prepared and served by our Nursery cook.*

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	<b>Breakfast time</b>	<b>Lunch time</b>	<b>Afternoon tea</b>
<b>Monday</b>	A selection of cereals Toast with Butter Milk or Water	Roast Chicken with potatoes, seasonal vegetables and Yorkshire pudding. Peaches with Cream Water	Toasted Crumpets with butter Fresh fruit Milk
<b>Tuesday</b>	A selection of cereals Toast with Butter Milk or Water	Cheese, potato and Onion Pie served with Baked Beans Fromage Frais with Fruit Water	Chicken and Stuffing or cheese Rolls Fresh fruit Milk
<b>Wednesday</b>	A selection of cereals Toast with Butter Milk or Water	Chicken Goujons and Carrot Waffles with Peas and Sweetcorn Strawberry Jelly Water	Corned Beef or cheese Sandwiches Fresh Fruit Milk
<b>Thursday</b>	A selection of cereals Toast with Butter Milk or water	Penne Bolognese Pasta Bake with Garlic Bread Vanilla Ice Cream Water	Toasted Bagels with Cream Cheese or Butter Fresh fruit Milk
<b>Friday</b>	A selection of cereals Toast with Butter Milk or water	Sausage Casserole with mashed potatoes Banana Mousse Water	Homemade Tomato and Basil Soup with Crusty Bread Fresh fruit Milk


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	<b>Breakfast time</b>	<b>Lunch time</b>	<b>Afternoon tea</b>
<b>Monday</b>	A selection of cereals Toast with Butter Water or Milk	Vegetable Fingers with Mashed Potatoes and Peas Mandarin Segments Water	Spaghetti Hoops on Toast Fresh fruit Milk
<b>Tuesday</b>	A selection of cereals Toast with Butter Water or Milk	Chicken Enchiladas with Brown Rice Ice Cream Roll Water	Toasted Potato Cakes with Butter Fresh fruit Milk
<b>Wednesday</b>	A selection of cereals Toast with Butter Water or Milk	Cottage Pie with Seasonal Vegetables Forest Fruit Eton Mess Water	Cheese and Tomato Pizza Fresh fruit Milk
<b>Thursday</b>	A selection of cereals Toast with Butter Water or Milk	Macaroni Cheese with Garlic Bread Flapjack Water	Tuna and Cucumber Sandwiches Fruit Milk
<b>Friday</b>	A selection of cereals Toast with Butter Water or Milk	Sausages with Mashed Potatoes and Beans Fruity Jelly Water	Ham or Cheese on Wholemeal Wraps Fresh fruit Milk


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	<b>Breakfast time</b>	<b>Lunch time</b>	<b>Afternoon tea</b>
<b>Monday</b>	A selection of cereals  Toast with Butter Milk or Water	Tomato and Vegetable Pasta Bake  Fresh fruit Salad  Water	Make your own Pizzas  Fresh Fruit  Milk
<b>Tuesday</b>	A selection of cereals  Crumpets with Butter Milk or Water	Chicken and Vegetable Casserole  Strawberry Mousse  Water	Pitta Bread filled with Cheese and Tomato  Fresh fruit  Milk
<b>Wednesday</b>	A selection of cereals  Toast with Butter Milk or Water	Three Bean Chilli with Brown Rice  Apple Crumble with custard  Water	Vegetable Soup with Crusty Bread  Fresh fruit  Milk
<b>Thursday</b>	A selection of cereals  Toasted Tea cakes Milk or water	Fish Fingers, Chips and Mushy Peas  Banana and Custard  Water	Chicken or salmon Sandwiches  Fresh fruit  Milk
<b>Friday</b>	A selection of cereals  Toast with Butter Milk or water	Spaghetti with Meatballs  Greek Yogurt with Fruit Compote  Water	Toasted Crumpets with Butter  Fresh fruit  Milk


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	<b>Breakfast time</b>	<b>Lunch time</b>	<b>Afternoon tea</b>
<b>Monday</b>	A selection of cereals  Toast with Butter Milk	Chinese Chicken Curry with Rice  Melon Medley  Water	Homemade Pancakes with cheese, tomatoes and ham  Fresh Fruit  Milk
<b>Tuesday</b>	A selection of cereals  Toast with Butter Milk	Jacket Potato with Cheese and Beans  Chocolate Sponge cake  Water	Chicken or tuna Wraps  Fresh fruit  Milk
<b>Wednesday</b>	A selection of cereals  Toast and Crumpets Milk	Turkey Mince Bolognese with Garlic Bread  Apple Pie with Custard  Water	Homemade Potato and Leek Soup with Crusty Bread  Fresh fruit  Milk
<b>Thursday</b>	A selection of cereals  Toast & Tea cakes Milk	Meat and Potato Pie with Mushy Peas and Gravy  Orange Jelly  Water	Corned Beef or cheese Muffins  Fresh fruit  Milk
<b>Friday</b>	A selection of cereals  Toast & Malt loaf Milk	Sausages, mashed potatoes and onion gravy  Banana Mousse  Water	Homemade Vegetable Pizza  Fresh fruit  Milk

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	Breakfast time	Lunch time	Afternoon tea
<b>Monday</b>	A selection of cereals  Toast with Butter Milk	Chicken Fajita Pasta with Nachos  Yogurt with dried fruit  Water	Cheese or Ham Sandwiches  Fresh Fruit  Milk
<b>Tuesday</b>	A selection of cereals  Toast with Butter Milk	Cream cheese and Chive Loaded Potato Skins with Beans  Butterscotch Pudding  Water	Pitta Bread filled with Chicken or Cheese  Fresh fruit  Milk
<b>Wednesday</b>	A selection of cereals  Toast with Butter Milk	Beef and vegetable Stew with Dumplings  Homemade Rice Pudding  Water	Homemade Pancakes with strawberries, bananas and natural yogurt  Fresh fruit  Milk
<b>Thursday</b>	A selection of cereals  Toast with Butter Milk	Barbecue Chicken with Homemade Wedges  Apple and Blackberry Crumble served with custard  Water	Tuna and Sweetcorn pasta  Fresh fruit  Milk
<b>Friday</b>	A selection of cereals  Toast with Butter Milk	Lasagne with Garlic bread  Fruit Cocktail  Water	Pepperoni Pizza  Fresh fruit  Milk

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